1

Fill the tank to 1 or 2 users' line (for both water and ice)

2

Connect air tubing from Aquilo control unit to each air attachment on the Boots

3

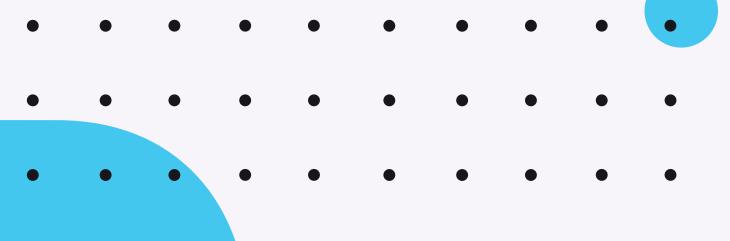
Connect water tubing from Aquilo control unit to each water attachment on the Boots



Put on the Boots and zip until highest point



Quick User Guide



Upper screen (water pump)



- Press Power button on right corner (metal button) in order to switch on the device
- Turn on water pump by pressing on the far-left button for 3 seconds, then press again to start

Set timer by either pressing + or – to increase or decrease time (standard time is 25mins)

Pulse button will run the water pump for 2 minutes on, 30 seconds off, repeat

Bottom screen (air pump)



Press Play for Standard Pressure settings

Standard setting: 75mmHg, 30min and sequential compression – bottom up(Mode 1)

Changing compression Modes

Press Set button on the top left and then the + or – button on the top right . A Red Arrow will appear under the Mode (ex. M1, M2, ...)

Mode 2

Uniform compression – all air channels are filled at the same time

Mode 3

Sequential compression – top to bottom

Mode 4

sequential compression: bottom up with 1 channel at the time; releasing previous channel

Mode 5

sequential compression: bottom to top with 2 channels at a time

It is also possible to select specific air channels by clicking on them (1CH, 2CH..)

Bottom screen (air pump)





Press OK button below Set button and then + or - to increase or decrease levels. A Red Arrow will appear under the mmHg

Minimum compression level is 20mm of mercury Maximum compression level is 150mm of mercury

Changing time

Press OK button below Set button and then + or - to increase or decrease time

Minimum time: 20mins

Maximum time: 200mins

Press and hold Lock button, if desired, to lock settings and prevent changes to settings

2 Press Start/Pause button at bottom left in order to launch the compression pump

www.aquilosports.com